

Usha Village

Dr. Seb's Cellfood

PLEASE READ THIS INFORMATION THOROUGHLY.

****DO NOT BOOK ANY FLIGHTS OR PLACE YOUR DEPOSIT BEFORE PRIOR AUTHORIZATION****

ALL DATES ARE SUBJECT TO AVAILABILITY.

Thank you for your interest in Usha wellness Village. The Usha Institute is located in La Ceiba, Honduras in Central America.

Please take a moment and read this entire packet. Fill out the attached forms in order to begin the process. **Please attach a copy of your passport and driver's license.**

Approval

Each application is reviewed thoroughly by an admissions board for approval. Usha has given strict guidelines to follow and this office will abide by those guidelines. At Usha, it's our goal to help you obtain optimum health results, whether detoxing, health maintenance, or the treatment of any pathology.

To accurately compare your results, it is mandatory that you receive a consultation the day after your arrival with a doctor that you must pay for out of pocket. The price of the consultation is \$50.00 USD and must be paid in cash. In the consultation the doctor will explain the following steps that are mandatory that you follow while you are at the village and the rates may vary depending on their recommendations, such as therapies, medical examinations and these costs vary depending on which he recommends that you perform and in specific cases personalized assistance all run for an extra charge.

It is mandatory to have your medical examinations before, during and after treatment this will ensure accurate results and effective treatment based and evidence. It is **MANDATORY** that you submit and bring a copy of your most recent medical records, no older than 1 month for better medical evaluation as exams may vary from day to day.

If you have any prescribed medication, you must bring it with you. When sending your intake form, you need to send the information of your prescriptions attached to the email as a PDF document, or a picture of either side of your medical regimen, the most recent one.

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If you are a diabetic, pre diabetic patient or suffer from blood pressure, it is mandatory that you bring the equipment necessary for your daily routine, such as a wrist blood pressure monitor or glucometers with test strips and you must bring your medication.

You will receive a response regarding your approval from the board via email. All decisions are left to the board's discretion and are **final**. Once you have received approval you will still need to do the following :

- Approval email from the Admissions Board
- Check date availability and get date approval.
- Send complete payment.

X

Payment

You have the right to cancel your Usha Village experience at any time, however, please be aware of the following cancellation policy. Here at Usha Village, we have a strict cancellation policy. Once your *application AND dates* have been approved, we require complete payment for your stay. **NON-REFUNDABLE!**

In the instance you need to reschedule your booking, Usha will do its best to accommodate your request. All requests must be submitted in writing at least 30 days prior to the first day of your booking and rescheduled within 6 months of the original booking.

The dates chosen are subject to availability and we accommodate on a first come first serve basis. With pre-approved dates and payment, you are able to make travel arrangements with the airline of your choice.

Please send a copy of your travel itinerary to this email once purchased AND CONFIRM YOUR VISIT 2 OR 3 DAYS PRIOR TO YOUR ARRIVAL

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Unforeseen situations may present themselves to our guests and for those circumstances, situations, and occasions we HIGHLY recommend that you purchase travel insurance to cover your assets.

Usha Village is not responsible for any incidental expenses or consequential losses that the Client may have incurred because of the canceled booking such as visas, vaccinations, non-refundable flights or rail, nonrefundable car parking or other fees, loss of earnings, or loss of enjoyment, etc.

In the instance you need to reschedule your booking, Usha will do its best to accommodate your request. All requests must be submitted in writing at least 30 days prior to the first day of your booking and rescheduled within 6 months of the original booking.

DEPOSIT

(Deposit must be done by an international wire transfer bank

Beneficiary bank Name: Banco Del país S.A

Address: Edif. Torre, del país Blvd. Jose Antonio Peraza, Oficina Principal Blvd.

San Pedro Sula, Honduras C.A

SWIFT CODE: PISAHNTE.

BENEFICIARY:

Name: Saama Bowman Garcia

Address: KM 225, Aldea Agua Caliente Jutiapa Atlántida, al lado de inverca, USHA

Account number: 226000021020

ID: 0101-1995-00874

Cash is the only payment method we can accept to pay for any extra service.

Deteriorated dollars are not accepted (ripped, written on, or marked)

We only accept these denominations (for example 10's, 50's, and 100's dollar bills)

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POLICIES

- All payments and transactions are **final**. Once you have booked and arrived at the village, the space is already accounted for.
- All our prices are final!
- We only honor promotions from our official site.
- We cannot assume any responsibility if you are a victim of a scam outside of the Usha village official site.
- We would like to inform you that from now on due to security policies, we will force a curfew by 4 PM at being latest 6 PM and as well we fully recommend that all clients use taxi drivers that are intrusted due to the security of yourself and the residents of Usha Village. We would like to let you know that all food being brought from outside of Usha Village is completely **PROHIBITED** because it interrupts your diet and slows down your healing process, there will be a fine of \$250.00 USD for the person who is found trying to bring food and drinks into the center.

Flights/Transportation

Airfare and transportation charges are not included in your package. We do not help with flight reservations/bookings.

A passport is required when traveling to Honduras. Please check with your embassy or consulate to see their rules and regulations. If you need to apply for a visa, we can help by sending you an invitation letter.

Here is a list of airlines that fly to Honduras:

American Airlines
Avianca
Delta
United Airlines
Cayman Airways
Spirit

The three (3) international airports in Honduras are:

1. SAN PEDRO SULA (SAP) is about a three-hour cab ride away from the village, but it is the easiest airport to find a flight.

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- Traveling during the day, the price for transportation will be \$150.00 USD per ride, one way.
- Two or more passengers, the price will be \$200.00 USD, divided amongst each passenger, one way.
- Arrivals from 4 pm are considered night transportation will be \$200.00 USD per passenger, one way.

A passport is required when traveling to Honduras. Please check with your embassy or consulate to see their rules and regulations. If you need to apply for a visa, we can help by sending you an invitation letter.

It is mandatory that you book your transportation through the village for your own safety.

What to bring?

La Ceiba has tropical weather, hot and humid. We have saunas, private thermal baths, and a pool, so, you should bring clothes according to the facilities. We have Wi-Fi available in the village; you can bring your Wi-Fi devices or reading material for your stay.

If you have any prescribed medication, you must bring it with you. When sending your intake form, you need to send the information of your prescriptions attached to the email as a PDF document, or a picture of either side of your medical regimen, the most recent one.

If you are a diabetic patient or suffer from blood pressure, it is mandatory that you bring the equipment necessary for your daily routine, such as a wrist blood pressure monitor or glucometers with test strips and you must bring your medication.

Since the village is close to the jungle, you will be exposed to nature. You should bring mosquito repellent, a lantern, and organic hygiene products such as soap, deodorant, toothbrush, toothpaste, etc.

What to expect?

The village is used exclusively for offering treatment to our approved clients. We don't have classes, tours, internships, or planned activities of any sort, only seminars every Tuesday and Thursday at 11 am, which is mandatory that you assist. Hosted by *ALCHEMIST ASAMI Spirit. Mind. Body. Asami is an herbal alchemist and the eldest son of our beloved ancestor Dr. Sebi. The holistic lifestyle cures all diseases and Asami has the herbs and alchemy to assist us with healing ourselves.*

The village is a place to disconnect from the rest of the world and receive treatment. This

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time is to help you meditate and make any necessary changes in your daily life. We recommend you exclusively use this time for healing.

The following are the services included during your visit to the village:

- **Thermal water treatment**
- **Nurse assistance**
- **Herbal consultation**
- **Monitoring of vital signs.**
- **Natural Sauna**
- **Herbal cell food for cleansing and nutrition**
- **Gym**
- **Daily being monitored by our customer service team.**
- **Wi-Fi 24 hours**
- **A/C 24 hours**
- **Security 24 hours**
- **laundry**
- **Meals (breakfast, lunch, and sea moss for the evening)**
- **Snack bar (coming soon)**

If you are recommended to continue with your treatment at home, you can buy your treatment at Usha or from home. You can order it with us by email: ushavillagehn@gmail.com

Please keep in mind this is a third-world country! Every so often we experience power outages citywide, which may affect Wi-Fi access and power, USHA is equipped with backup generators and professionals to get you back up and running as soon as humanly possible.

While you are detoxifying you will be on a specific diet and it will be:

1. Alkaline breakfast that will usually be fruits or sometimes another dish
2. An alkaline-based lunch pre-planned to work more effectively with herbs and to reverse diseases and their effects on the human body. All are approved the Dr. Sebi's diet.

The plates are of normal size, and the menu of the day will only be ONE for all of the clients staying at the SAME TIME OF YOUR VISIT. We do not serve meals based on special requests; it is not a menu or buffet type of restaurant. WE ARE NOT A HOTEL OR RESORT.

You will start your fast in the afternoon with SEA MOSS, which provides 92 minerals of the 104 minerals that your body is built of. It is considered the most powerful ingredient in the cleansing of the world, so make sure you do not miss it!

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It is normal during your stay to lose weight although it may be unintentional. We recommend you bring your healthy snacks or visit any local supermarket where you can buy fruits or HEALTHY snacks. Please stick according to your ALKALINE DIET.

NURSE SERVICES

It is mandatory that you visit the nurse's office, to check your vital signs every day after breakfast.

- A nurse is available from 8:00 am – 4:00 pm and 6:00 pm – 6:00 am

Monday to Friday.

Saturdays from 8:00 am– 12:00 pm

Weekends (Saturday noon) until Monday morning (8:00 am).

- The nurses are there to give a specific service: administer your herbal treatment daily and help you in case of an emergency.

If you have a critical situation or illness that requires medical attention, you have to hire the services of a separate nurse, to be able to solve your needs. *****Additional exp**

enses not covered in the price of your stay severely ill patients or patients with eternal illness are required to purchase a nurse, or additional services separately not included in price***

If any emergencies, the nurses are always available in the nurse's office, located in the building in the back of the laboratory, if you still have any issues finding the nurses, please contact ushavillagehn@gmail.com

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Prices

Our prices are always subject to change and promotional deals are subject to certain rules and regulations. Please keep in mind there is limited space available in the village and our spaces fill up fast. The prices in this document are our official prices. We have different types of rooms and the prices may vary according to your needs.

***** WE BOOK STARTING WEEKLY. BOOKING WILL START AT 7 DAYS AND 6 NIGHTS *****

Regular Rooms

Regular rooms are furnished with one full-size bed and are based on a daily rate of \$357.14 US Dollars (\$2,500.00 US Dollars per week, per person).

- Children 3 years and younger pay USD 55.00 daily.
- 4 -12 years old is \$90.00 US Dollars per day.
- 13 years and above pay \$180.00 US Dollars per day.

Regular Villas VIP Rooms

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New villas are furnished with one full- queen size bed and are based on a daily rate of \$421.42 US Dollars USD 2,950.00 per week, per person.

FAMILY HUTS AND DOUBLE OCCUPANCIES

Our special villas have a unique rounded shape designed exclusively by Dr. Sebi. We chose to name them after some of the natural herbs he used.

The “Damiana”, “Lavender” and The “Blue Vervain” villas are furnished with 2 full-size beds and are based on a daily rate of \$785.71 US Dollars (\$5,500.00 US Dollars per week, (minimum 2).

- Children 3 years and younger pay \$60.00 daily
- 4 -12 years old is \$100.00 US Dollars per day.
- 13 years and above pay \$250.00 US Dollars per day.

Lilly of the Valley VIP 5-Star Villa

Our VIP 5-star villa, “Lilly of the valley” is furnished with a king-size bed and a television. It has a daily rate of \$1,000.00 US Dollars. (\$7,000.00 US Dollars per week, minimum 2)

- Children 3 years and younger pay USD 120.00 daily
- 4 -12 years old is \$150.00 US Dollars per day.
- 13 years and above pay \$350.00 US Dollars per day.

****Please include the name of your companion in the “Notes” section of the application. Please be sure to include their contact information and two emergency contacts for them. ****

WE WILL NOT ASSUME ANY RESPONSIBILITY IF YOU ARE A VICTIM OF SCAMS, MISLEADING CLAIMS, FRAUDULENT COUPONS, AND THE LIKE, OUTSIDE OF USHA VILLAGE’S OFFICIAL SITES.

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INDIVIDUALS ARE RESPONSIBLE FOR:

To accurately compare your results, it is mandatory that you receive a consultation the day after your arrival with a doctor who must pay out of pocket. The price of the consultation is \$50.00 USD and must be paid in cash. In the consultation the doctor will explain the following steps that are mandatory that you follow while you are in the town and the rates may vary depending on their recommendations, such as therapies, medical examinations and these costs vary depending on what you recommend that you do and in specific cases personalized assistance all with an extra charge.

It is **MANDATORY** to have your medical examinations before, during and after treatment, this will ensure accurate and effective results based on treatment and evidence.

It is **MANDATORY** that you submit and bring a copy of your most recent medical records, no older than 1 month for a better medical evaluation, as exams may vary from day to day.

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It is **MANDATORY** that you pay out of pocket for a private nurse and weekly medical assistance if you suffer from a chronic illness, disability, critical conditions, cancer in advanced stages, multiple sclerosis, any type of disability that does not allow you to perform your daily activities, or some type of disease that compromises your vital signs and your health. The doctor will review your information and recommend you how many times you will see him during your stay and if by any chance you need assistance from a private nurse, you will be notified immediately so that you can pay for this service.

It is **MANDATORY** that if you have any serious illness or disability or if the case that the Usha village board team recommends that you must come with a companion so that he or she could be very supportive during your healing process.

This is a strict policy and if you are unwilling to accept you do have the option of our at-home treatment. The expenses range from \$ 1,500.00 to \$ 2,500.00 (as an example) dollars per month. Each case is different and will

be quoted according to your specific needs.

If you have to be transferred to a hospital, you should come economically prepared because in HONDURAS there is no medical insurance or equipped public hospitals, you will have to visit a PRIVATE hospital, and you will start taking care of all your expenses from transportation, admission to the hospital and every one of your expenses until you are discharged from the hospital. It is, for this reason, we HIGHLY recommend travel insurance.

All this is in addition to what you will pay for your stay.

USHA VILLAGE assumes no responsibility or liability for the professional ability or reputation of, or the quality of services provided by, the entities or individuals whose services will be contracted by the individual.

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X



Treatment

The next day that you arrive in the village, you will have a private consultation with an herbal consultant. During the consultation, you will have an individualized regimen with a list of products you should be taking according to your health issues. Health goals and results vary per individual. Keep in mind while going through this cleansing process, different variables will make a difference. So, while you are still at home, you can start your transition to an alkaline diet.

Also, when choosing your time at the village, please know that longer stays will give you more favorable results than a shorter stay. If you are not able to complete the time at the village, we will recommend you purchase the herbal treatment and continue at home for better results.

Below is a list of products we charge additionally that the herbalist may recommend adding to your treatment and/or products that you may want to add for yourself.

- Chaparral head wrap \$30
- Eva salve \$35
- Hair oil \$25
- Tooth powder \$25

Carretera CA13 Jutiapa, Km 225 Aldea Aguas Calientes, Atlántida, Honduras.

Tel: (504) 9964-1349 / PBX: 2408-1170

www.usha-villagehn-laceiba.com / Email: ushavillagehn@gmail.com

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- Vaginal steams \$35
- Therapeutic massages \$25-\$50
- Relaxation massages \$25-\$50

We have a lot to offer regarding various spa treatments. They are available by appointment only; information can be given at our facilities.

By signing below, you confirm you have read this document in its entirety and agree to all things listed.



X

Please copy and paste the bottom portion, fill it out, and email it back to us.

Saving the document with your name and last name in a pdf file, with copy of passport and driver license, and medical exams to support your information.

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Client Information

Complete name:	
Gender:	
Address:	
Phone number:	
Email:	
DOB:	

Emergency Contacts:

Name	Phone	Relationship
Name	Phone	Relationship

Medical History, diagnosed by a doctor

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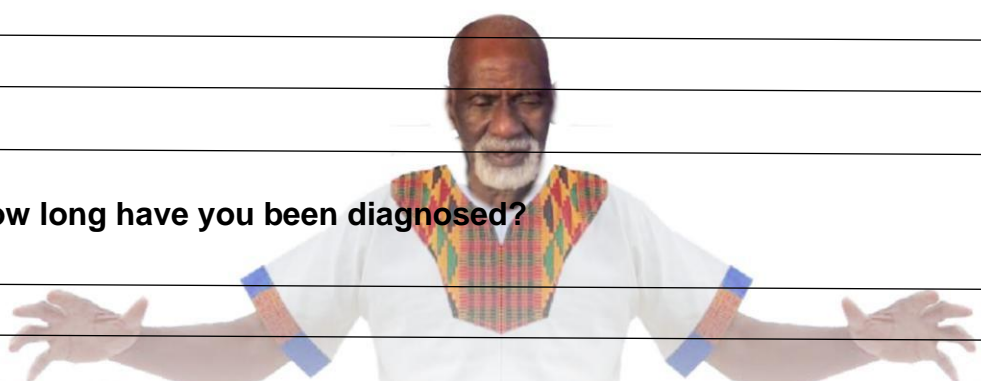
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1. Current Diagnosis (Please be detailed):

2. How long have you been diagnosed?

3. Symptoms currently being experienced:

4. If you are taking any medical treatment, please specify what type of treatment. (Please be detailed):



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5. Do you suffer from any Allergies?

6. Do you suffer from any disability or impairment?

7. If you have any additional information about your symptoms that you will think is necessary for your application form, please be detailed.

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Estimated Travel Dates, Always subject to availability

- **Travel Dates 1st choice: (Arrival & Departure)**

- **Travel Dates 2nd choice: (Arrival & Departure)**

- **Travel Dates 3rd choice: (Arrival & Departure)**

****PLEASE ATTACHED TO THIS INTAKE FORM
YOUR MEDICAL REPORTS FOR
VERIFICATION OF TREATMENT****

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Notes for the village/Trip Companion:

Name of companion:

Name	Phone	Email address

Name of companion:

Name	Phone	Email address

Emergency contacts for companions:

Name	Phone	Email address

Emergency contacts for companions:

Name	Phone	Email address

*******PLEASE ALLOW 5-7 BUSINESS DAYS FOR A RESPONSE FROM OUR**

OFFICES*****

-- Saama Bowman Garcia

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